

# GLASSER AUSTRALIA 2019 CONFERENCE



*'Ignite the Power of Choice'*



Mantra Twin Towns, Gold Coast, Australia

3 ~ 5 October 2019

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## Keynote Speaker



Kim Olver, LCPC, NCC, BCC, has a mission to help people get along better with the important people in their lives, including themselves, at home and at work.

Kim is a licence counsellor, certified coach, trainer, speaker and author. In addition, she serves as the Executive Director of The William Glasser Institute – US and William Glasser International. As senior faculty for Glasser, she has taught thousands of people his concepts around the globe.

Kim founded Coaching for Excellence in 2004 and the Academy of Choice in 2010, while developing the process of Choice Coaching, which she employs with her clients and teaches to fellow coach trainees. Kim also developed a 25-hour long parenting curriculum for court-mandated parents used in Chicago, California and South Africa.

In addition, Kim is an award-winning, best-selling author of *Secrets of Happy Couples* and the author of recently released *Choosing Me Now*. She co-authored *Leveraging Diversity at Work* with Sylvester Baugh and wrote

## Abstract

### Choosing Me Now:

## How to create a healthy relationship with yourself

Are you so busy taking care of everyone else in your life you have forgotten about taking care of yourself? Our focus on creating healthy relationships with others sometimes means we neglect ourselves; the importance of who we are and what we want out of life may get lost. How do you create a healthy relationship with yourself?

Having a loving, healthy relationship with yourself is so much more than sleeping enough, eating well, and exercising—it's about becoming that need-satisfying person to yourself!

Kim will provide a thought-provoking look at perception and how external messages become internal to help the audience discern between who they have been told they are and their authentic selves.

## Keynote



Lynn Sumida holds a Master's degree in Social Work and has been working with people for over 40 years. She founded her own Private Practice firm in Manitoba, in 1980 and worked extensively with trauma, abuse, loss, addictions, and health and relationship issues. Lynn started her training in Reality Therapy in 1978, while working as a school counsellor. She became an instructor in 1981 and a Senior Faculty in 1983. She was later invited to assist in the development of the WGI training programs for Practicum Supervisors and Basic Instructors and has supported countries in establishing their own teaching faculty. Lynn is also a trainer in Neuro Linguistic Programming and a life-long learner.

In 2002 Lynn moved to Vancouver, British Columbia, and in 2005 founded Miruspoint Facilitators Inc. a company devoted to helping individuals and organizations transform at a core level so each person is able to live into their full potential. Lynn continues to spend her time with both direct client work and training and program development. She is the co-developer of Prime Potential, a revolutionary transformative process which she also teaches to other professionals. In 2013 she was invited to contribute to the Amazon bestselling book, *The Thought that Changed My Life Forever – How One Inspiration Can Unleash Your True Potential and Transform the World*.

## Abstract

### From Consumption to Appreciation – The 21<sup>st</sup> Century Challenge- Can We Make the Shift?

In our search for happiness and fulfilment we often become caught up in the continual amassing of experiences, objects, belongings, even people via our social media. However, it seems we are never satisfied: we are caught in this world of endless consumption.

The impact of this behaviour on our world is becoming clear to us. How, instead of feeling guilty, do we address the problem and unhook ourselves from this insidious pattern?

Dr Nate Hagens a well-known speaker on big picture issues facing human society suggests that over the next 10 years we will be challenged even more dramatically to “simplify” our lives in terms of energy consumption. What does this really mean and is there a way to get ahead of the curve?

Lynn will address the challenges of the consumption cycle and how it is a double-edged sword. She believes the key for getting out of the grip of consumption is to move towards greater appreciation. So how do we enhance or gain an “appreciation mindset”? What is the role Choice Theory can play in making this shift? How do we as learners, educators and parents nurture an “appreciation mindset” so young people value and see it as exciting, empowering and ultimately satisfying?

“Appreciation without consumption is the pinnacle of honoring all life”

# 'Ignite the Power of Choice'

## Conference Speakers & Themes

The Glasser Australia 2019 National Conference Committee has negotiated with world-renowned leaders Kim Olver and Lynn Sumida to be the 2019 keynote presenters.

The Conference's theme, 'Ignite the Power of Choice' will extend what we already know about the *Power of Choice* and will provide new knowledge and skills, so we are constantly learning and improving our effectiveness as people at both personal and professional levels.

## Conference Streams

### 1. Wellbeing in Education

Educational settings are complex environments. It is vital to be able to self-manage effectively to maintain healthy levels of stress and positive relationships. This strand focuses on enhancing the wellbeing of all members of the educational community.

### 2. Staying Mentally Healthy

This strand focuses on how to stay mentally healthy, help others to stay mentally healthy, and have happier more need-satisfying relationships.

### 3. Parenting and the Wellbeing of Children

Parenting is probably one of the most challenging and important jobs ever. This strand offers new knowledge and skills to assist parents to maintain quality relationships while teaching their children to self-manage. It provides strategies to empower children to become more resilient, happier and mentally healthy.

### 4. Leading and Managing for Success

This strand focuses on successful strategies to effectively lead and manage change in community groups, schools, health and affiliated organisations and any business no matter how large or small. It could be in change in the classroom or extend to change in a large organisation. It is a strand for leaders in *any* environment.

## Registrations now welcome

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| Member - Full Registration fee                            | \$565.00 |
| Non-member - Full Registration fee                        | \$599.00 |
| Member - Early Bird Full Registration fee to 30/04/19     | \$500.00 |
| Non-member - Early Bird Full Registration fee to 30/04/19 | \$560.00 |
| Full-time Student - Registration fee                      | \$460.00 |
| Concession Card Holder – Registration fee                 | \$506.00 |
| One-day - Registration fee                                | \$250.00 |
| Two-day - Registration fee                                | \$465.00 |
| Additional guests - Welcome cocktail event fee            | \$75.00  |
| Additional guests – Conference dinner fee                 | \$100.00 |
| Vendor table  | \$50.00  |

To Register online visit our website: [www.glasseraustralia.com.au](http://www.glasseraustralia.com.au)

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