Personal information

Insert

Picture

Or Logo

Name / Business

Address:

City, ST/Province, Zip/Postal Code

Phone:

E-Mail:

Web Site:

WGI has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5189. Programs that do not qualify for NBCC credit are clearly identified. WGI is solely responsible for all aspects of the programs.

Bio, testimonials, etc.

Return Address Here

Mailing Address Here

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Basic Intensive Training in Choice Theory/Reality Therapy

**  
  
  
  
LOCATION**

Insert Dates

Insert Times

Approved by The William Glasser Institute leading to Reality Therapy Certification

Place

Stamp

Here

“Successful teaching is based on strong relationships” William Glasser 2000

**Registration Form**

**Basic Intensive Training**

**Insert Dates**

Cost: $500

Name:

Address:

City/State/Zip:

Occupation:

Phone: ( )

E-mail:

Check appropriate boxes:

❒ **I am paying my $100.00 deposit**

❒ **I am paying in full - $500.00**

Please mail to:

Insert ALL of your contact information

Name

Address

City, ST/Province, Zip/Postal Code

Phone

E-Mail

❒ Please check here if you would like information about future training but cannot attend this Basic Intensive Training.

The Institute was founded in 1967 by Dr. William Glasser, lecturer, author and board certified psychiatrist.

The training is for those who work in health related settings. It will focus on how an understanding of Choice Theory ® and reality therapy helps professionals, patients and families deal with health issues. The participant will not only gain a theoretical understanding of the concepts but also experience their application in practice.

For more information contact The William Glasser Institute at: (708) 957-6048 or www.wglasser.com

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*”You cannot make anyone do what he or she does not want to do.*

*We can only teach him a better way and encourage him to try it.”*

Glasser

* Taking the mystery out of behavior
* Why we do the things we do
* The four essential. components of behavior
* How perceptions influence health

**Choice Theory**

* A model to help people take effective control
* Reducing stress through better choices
* An efficient approach to daily problem-solving
* Practical skills for everyday use

**Reality Therapy**

**H**

**E**

**A**

**L**

**T**

**H**

* an educational approach that helps reduce stress
* how choices impact health
* transferable skills for everyday life
* 4 simple questions to promote healthy living

**You will learn…**

**You will learn to…**

Gaining skills to last a life time

 Basic Intensive Training    Location / Date / 27 NBCC Credit Hours

* clarify wants
* manage patient and family expectations
* evaluate professional, patient and family relationships
* address conflict from a both-win perspective

**You will practice how to…**