

## REALITY THERAPY and CHOICE THEORY TRAINING 2017

**CHOICE THEORY PSYCHOLOGY** - A new psychology of personal freedom, developed by Dr William Glasser, the eminent psychiatrist - helps people improve their relationships and take more effective control of their lives. **REALITY THERAPY TRAINING** teaches how to use Choice Theory in counselling others. It offers a model of counselling and therapy which is recognised as a powerful tool in helping clients to move away from unhelpful choices and to achieve the lives they want.

### Introductory Training Courses in Reality Therapy/Choice Theory:

Our 30-hour course offers an introduction to Choice Theory Psychology and its applications in Reality Therapy, Lead Management and Education. It also encourages participants to apply the concepts to their own lives and relationships and in so doing offers an opportunity for personal growth and wellbeing. It can be a stand-alone course that offers immediately useful approach with clients, or for personal wellbeing, and can also be the first stage in a Certification Programme. It is offered over one week or two weekends. The training methodology is interactive and involving.

## TRAINING COURSES 2017

### **Basic Intensive Week: Training Module 1: Cost: €395**

- Feb.13th-17th                    **Region** Dublin
- March 20st-24<sup>th</sup>                **Region** Dublin
- June 12<sup>th</sup> -16<sup>th</sup>:                **Region Dublin**
- July 10<sup>h</sup>-14<sup>th</sup>:                **Venue:** UCC, College Road, **Region** Cork
- August 7<sup>th</sup>-11<sup>th</sup>:                Galway City, NUI
- Over two weekends Nov. 11th—12<sup>th</sup> and Nov. 25th-26<sup>th</sup>    **Region** Dublin    Courses run subject to a minimum/maximum of 6/12 participants. Further Information **Ph. 085 7878539 & Application Details** : [info@wgii.ie](mailto:info@wgii.ie) or on our **Website:** [www.wgii.ie](http://www.wgii.ie)
- **Take Charge of Your Life** is an Introductory 6 hour workshop in **(1x6 /2x3 /3x2 )** in Dr. Glasser's Choice Theory Psychology of Personal Freedom. Cost €65 Waged Participants & €35 Unwaged Participants. Available to individuals and organisations Interested in getting along with significant others in their **professional and personal lives**. WGI-Accredited Facilitators available throughout the country.  
**Application Details** : [info@wgii.ie](mailto:info@wgii.ie)    **Ph. 085 7878539**

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**2. Basic Practicum: Training Module 2. (Requirement: Must have completed Basic Week Training) Cost: €395**

. Cork ., Dublin , Galway (Min. 6 Participants.)

**3. Advanced Intensive Week: Training Module 3 (Requirement: Must have completed Basic Practicum) Cost €395**

Available Training in Cork & Dublin.

**4. Advanced Practicum: Training Module 4 (Requirement: Must have completed Advanced Week Training. Cost: €395: Available Training in Cork & Dublin**

**4. Certification Week: Training Module 5. (Requirement: Must have completed Advanced Practicum) Cost: €425. Dublin**

**5. Faculty Training Programmes: (Requirement: Must be RTC for more than one year)**

**i. Practicum Supervisor Training Programme.**

- Easter 2017 Venue: Dublin. Min. 6 participants required.

**ii. Basic Week Instructor Training (Requirement: Must be experienced Practicum Supervisor)**

- Summer 2017 Venue: Dublin. Min 6 participants required.