

WILLIAM GLASSER INTERNATIONAL, INC. SELF-EVALUATION QUESTIONS

Advanced Practicum Competence-Based Requirements

ADVANCED PRACTICUM SELF-EVALUATION FOR PARTICIPANTS

The following may serve as a self-evaluative tool for participants during Advanced Practicum to track and improve skill levels, to offer opportunities to clarify and fine-tune knowledge, to prepare for a Quality Work presentation for Certification, and to be mindful of each competence that is to be demonstrated from the listing of criteria for a Certification Session.

- 1. Dr. Glasser teaches about compatibility and personality in relation to 'needs' in Choice Theory (1998). He states, "What gives us our different personalities is that our five basic [genetic] needs differ in strength... The strength of each need is fixed at birth and does not change." Am I able to support the view that need strengths can 'seemingly' change?
- 2. Explain from a situation in my own life how Quality World Pictures can conflict from one another.
- 3. When I examine my belief system, am I able to offer any examples of beliefs or values I hold that are not based on rational thought?
- 4. Share a perception of some value or belief that I have changed in my life?
- 5. In what ways can I imagine my life would be different if I were to use any one of the connecting habits for 21 days?
- 6. Share ways I have used my knowledge of Total Behaviour to regain a sense of balance in my life?
- 7. After reviewing the axioms, relate an example from my own life how I live it in accordance to the axioms.
- 8. Share the ways that I can help the client engage in his own plan.
- 9. Using a tracking sheet, what skills do I possess in demonstrating my ability to role-play the roles of [1] Interviewer [2] Client [3] Process Observer, and [4] Alternate Way. (A tracking sheet is a tool to show the interrelationship of the process of Reality Therapy with Choice Theory.)
- 10. How do I use the Choice Theory Chart in describing the role-play scenario that was demonstrated during any practicum session?
- 11. Demonstrate my ability to interview a client who is resistant in a lead management setting.
- 12. Delineate the advantages that I perceive in being a lead manager.
- 13. Following a role-play the members of the triad explain the client scenario in terms of the Choice Theory chart.
- 14. I have chosen and verified with my practicum supervisor my Quality Work presentation for Certification. Having practiced it before the group several times in preparation for Certification, what have I learned that will help me to present my points better?
- 15. I am aware of the criteria required for Certification and am able to demonstrate the required skills.

March 15, 2017 Page | 1 of 1