#### BASIC REALITY THERAPY COUNSELLING SKILLS

## Two-Day Endorsement Face-to-Face, 6 hours per day

#### DAY ONE DEMONSTRATION

Team Involvement: Application of Video Case Studies

- Discuss criteria for self-evaluation of group processing
- Relationship of study to RT and CT
- Identification
  - o Strengths
  - o Strategies Used

# Glasser Role-Play

- Play the scenario of the client Dr. Glasser plays on video
- View the Glasser video
  - o Analyze similarities and differences
  - Share the reasons you chose a certain direction with the client

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Role-Play Demonstration with Unfamiliar Client Scenarios

- Discuss criteria for self-evaluation
- Identify strengths
- Demonstrate strengths through role-play

## **Team Activity**

- Individual self-evaluation on continuum
- Plan for improvement and/or practice for Day 2

Closure Activity

#### **DAY TWO**

#### **SELF-EVALUATION**

Team Involvement

- Completion [If not completed during Day 1]
- Video Case Studies

Challenging Role-Plays for Growth

Exit Interviews as Group Activity

- Individual recognition of strengths
- Feedback from other team members
- Observations by instructor

# Planning

- Self-evaluation of two days
- Evaluation of the Program
- Next steps

Programs available through WGI

Certificates & Celebration!

**TBD:** Numbers of participants, fee structure, marketing, development of manuals, listing of competencies, to be taught by instructors, and recommendations re: cost to participant, instructor fee, and monies to WGI.