

RESEARCH TO SUPPORT CHOICE THEORY/REALITY THERAPY

Mental Health Outcome Research

1. Kim, J. (2005). Effectiveness of Reality Therapy Program for Schizophrenic Patients. *Journal of Korean Academy of Nursing (2005) Vol.35, no. 8, 1485-1492.*
2. Kim, R. and Hwang, M.G. (2001). The Effect of Internal Control and Achievement Motivation in Group Counseling Based on Reality Therapy. *International Journal of Reality Therapy, Spring 2001, Vol.20, no. 2, 12-15.*
3. Kim, Y. (2001). The Development and Effects of a Reality Therapy Parent Group Counseling Program. *International Journal of Reality Therapy, Spring 2001, Vol.XX, number 2.*
4. Lawrence, D.H. (2004). The Effects of Reality Therapy Group Counseling on the Self-Determination of Persons with Developmental Disabilities. *International Journal of Reality Therapy, Spring 2004, Vol. 23, no. 2, 9-12.*
5. Seta, T.; Baba, Y.; and Kakitani, M. (2014). An Effort to Measure the Level of Internal and External Control. *International Journal of Choice Theory and Reality Therapy, Fall 2014, Vol. 34, no. 1, 33 – 38.*
6. Peterson, A.V.; Chang, C.; Collins, P.L. (1998). The Effects of Reality Therapy and Choice Theory Training on Self-Concept Among Taiwanese University Students. *International Journal for the Advancement of Counseling, 20, 79-83, 1998.*

Recovery/Addictions/Substance Use Treatment Outcome Research

1. Smith, B.; Kenney, S.R.; Sessoms, A.E.; Labrie, J. (2011). Assessing the Efficacy of a Choice Theory-Based Alcohol Harm Reduction Intervention on College Students. *International Journal of Choice Theory and Reality Therapy, Spring 2011, Vol. 30, no. 2, 52-59.*
2. Kim, J. (2008). The Effect of a R/T Group Counseling Program on the Internet Addiction Level and Self-Esteem of Internet Addiction University Students. *International Journal of Reality Therapy, Spring 2008, Vol. 27, no. 2, 4 – 12.*

Corrections

1. Grills, C.; Villanueva, S.; Anderson, M.; Corsbie-Massy, C.L.; Smith, B.; Johnson, L.; and Owens, K. (2014). Effectiveness of Choice Theory Connections: A Cross-Sectional and Comparative Analysis of California Female Inmates. *International Journal of Offender Therapy and Comparative Criminology, 2014, 1-15.*

Education

1. Hwang, K.; Balk, S.H.; and Huan, F. (2012). Discussion of Glasser's "Basic Needs" among Medical Students Pertaining to Their Self-Understanding and Self-Awareness. *International Journal of Choice Theory and Reality Therapy, Vol. 32, no. 1, 42- 47.*
2. Kianipour, B. and Hoseini, B. (2012). An Examination of the Effectiveness of Choice Theory on Teachers' Teaching Effectiveness and Students' Subsequent Academic Achievement. *International Journal of Choice Theory and Reality Therapy, Spring 2012, Vol. 31, no. 2, 55-63.*

3. Faulkner, B. and Burdenski, T. K. (2011). Empowering Lower-Income Developmental Math Students To Satisfy Glasser's Five Basic Needs. (2011) *International Journal of Choice Theory and Reality Therapy*, Vol. 31, no. 1, 128-142.
4. Burdenski, T.K. and Faulkner, B. (2010). Empowering College Students to Satisfy Their Basic Needs: Implications for Primary, Secondary, and Post-secondary Educators. *International Journal of Choice Theory and Reality Therapy*, Vol. 31, no. 1, 128-142.
5. Peterson, A.V.; Chang, C.; and Collins, P.L. (1998). The effects of reality therapy and choice theory training on self-concept among Taiwanese university students. *International Journal for the Advancement of Counselling*, Vol. 20, 79-83.