

Who am I?

I was born and raised in Southwestern Ontario, where I was an Ontario Scholar and Provincial athlete. I completed my concurrent English and Psychology undergraduate degrees, as well as my B.Ed., and MA in English Literature at the University of Windsor. Upon completion of my degrees I moved to British Columbia where I spent the next 15 years living, teaching, and experiencing all of the incredible outdoor opportunities that the west coast has to offer. It was in Vancouver that I met Dr. Glasser at an Alternative Education Conference in 2002. So began my personal and professional journey into CT/RT. It was also in BC that I met my spouse; we were married in 2012. We moved to Montreal, QC in the summer of 2014 to be closer to our families as our family continues to grow. I love the outdoors (especially the ocean), playing sports, learning, exploring new technologies, writing, traveling, and spending real time with my family, friends, and pets.

What experience do I have with boards and with Choice Theory?

I have been an active member of many councils and committees over the past 15 years and genuinely enjoy the process of collaborating with others from diverse backgrounds and with differing strengths to see change happen and get things done.

While in British Columbia I worked in five high schools, and was responsible for opening and acting as lead teacher in three alternative high schools in Vancouver and Burnaby, BC. All three schools, while very unique, were largely based on Glasser's *Quality School* model.

I began the process of CTRT certification in 2010 and received my certificate at the International Conference held in Toronto, Ontario in 2014.

Part of my certification presentation included an introduction to the online Choice Theory course I developed a few years ago and continue to use with my high school students.

I have spent the past 13 years working on "walking the talk" of Choice Theory in my marriage, and in my relationships with friends, family, colleagues, and my students. I am eager to give back to the Glasser community and to help share Choice Theory on a global scale.

What strengths, talents and abilities would I bring to the board?

I believe my extensive experience and research on adolescence, and children and youth at risk, along with my Masters in Education Technology would make me an invaluable addition to the Glasser International Board. In our 21st century world that is so greatly dependent upon technology I have the experience and know-how to use a variety of technologies to communicate

information clearly and effectively, including twitter, social media, podcasts, teleconferences, MOOCs, etc. (Take a look at this fun [YouTube video](#) I created a couple of years ago to see the kinds of things that could be done to get the CTRT message out to a broader audience through social media). I also believe my genuine passion and sense of humour will be pluses for the WGI board as well!

What do I want to see the Board accomplish in the next three years?

I would really love to see an online course, similar to the one I currently offer to my students, available to all teenagers across the globe.

I would also love to see the *Take Charge of Your Life* program implemented in schools world wide. I believe it is a very user-friendly introduction to Choice Theory and something that students and their parents would greatly benefit from.

I would also like to see the board (and all members of Glasser International) engaged in more formal research and publishing in peer-reviewed journals.

What am I willing to do to make that happen?

I would be open to sharing my online course with other CTRT certified educators around the globe and/or helping others to develop their own online versions that could be used with their students.

I am currently mentoring with former WGI Board member Ellen Gelinias here in Montreal to deliver the *Take Charge of Your Life* program to community members. I would love to continue working with Ellen and collaborating with WGI members to further develop the Take Charge of Your Life curriculum to be delivered to students and their parents.

Having a strong foundation in research methodology and publishing, I believe I could be a support and touchstone for members interested in carrying out research whether it be a case study or a more formal qualitative or quantitative design project.

FINAL THOUGHTS.

I have had the opportunity to work with so many incredible members of the Glasser community over the years – primarily in North America – I completed my training with Rolf Ahrens, Lucy Scott, Daphni Clifton, Nancy Herrick, and Rhonda Levine – not to mention all of the incredible people I have met throughout my training. I would love the chance to grow many more connections with members of the Glasser family around the world.

I am creative, committed, dynamic, and passionate. More importantly I am genuinely interested in giving back to the Glasser family. I have gained so

much personally and professionally since meeting Dr. Glasser in 2002 and I feel as though I am in a place to give back and share my learning and knowledge of Choice Theory on a broader scale by working with a group of likeminded, passionate people from around the globe. Should you choose me to represent Canada with the WGI board I will do my very best to represent all of us and be a support to all WGI members.

Thanks for taking the time to read this.
Sincerely,

Stephanie Myers.

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