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Nashville Conference!
Best ever!

Who has left the building?

Air Balloon: The International launch with our captain Dr. William Glasser - To Teach The World Choice Theory!
What does this mean for you?



Message from the Glassers . . . Launching of an International Board!



Bill & Carleen Glasser

with

the Aoki group.

To teach the world Choice Theory is our mission statement. This vision, this dream, can now actually come to fruition in our lifetime. We believe this to be true because in Nashville we witnessed a coming together of people from all over the world to form a worldwide William Glasser Institute. We are grateful not only to Brian Lennon for agreeing to chair the first meeting to discuss the formation of an International Board, but also to all of you around the globe who expressed support of such a venture.

The Annual Conference was brilliantly planned and presented with such style and flair that it was a fitting setting for the world to connect. In the face of many challenges, Lucy and her committee were the embodiment of southern hospitality. Thank you so much for your hard work and creativity.

The world is connected in cyberspace, sometimes beyond our comprehension, but this fact is a happy reality. Now we can communicate almost instantly in every language and meet each other to discuss choice theory in ways we never thought possible before. Modern technology combined with creativity has made it possible to teach the choice theory chart in a new and exciting way. A DVD, *Choice theory in Motion*, created by Alex Gittinger will be available soon. Providing some of our training components and courses online will be a major thrust in the future.

This is all so exciting. But the most encouraging thing is the fact that so many young people are being Choice Theory and Reality Therapy Certified and research is in the forefront of their efforts. We commend Loyola Marymount University's research initiatives, the work of the Glasser Scholars and the steps Tom Parish has already taken to move Choice Theory to a wider audience. Finally, The California Institute for Women has approved *The Choice Theory Connection Program*. [Kyri Owens offers an article in this newsletter.]

We have so many reasons to feel hopeful for the future and be grateful for all the work you do, but most important of all, when all is said and done, as Bea Dolan said. "We have each other."

Carleen & Bill Glasser

Tribute to Elsa Martinez – In Memoriam

Juan Pablo Aljure

Senior Faculty. WGI

Fondacion *ELEGIR*, Colombia

www.elegir.org.co



The beautiful
faces of Elsa!



Elsa Martinez, Colombian Practicum Supervisor and clinical psychologist at Colegio Rochester, Bogotá, passed away April 3, 2010 from pancreatic cancer. Elsa was a magnificent lady who applied reality therapy and lead management in her work at Rochester, Fundacion *ELEGIR*, and in her private practice. Elsa continued with her personal and professional development and in integrating Choice Theory in her life in the face of her illness. This belief in happiness sustained her throughout her treatment and in demonstrating courage, love and support in all her relationships. She will be dearly missed by family, friends and colleagues.

I feel your pulse with soft fingertips
A repeated gong . . .
Searching for the accord
The passage to infinity.

— Myriam Montoya [1963 –]
from *Huellas*¹

¹ © 2004, Myriam Montoya
From: *Vengo de la noche/Je viens de la nuit*
Publisher: Ecris des Forges and Castor Astral, Canada, Paris, 2004
ISBN: 2-85920-572-1
© Translation: 2008, Nicolás Suescún

Newsletter Design

Articles are presented in alphabetical order by author.
Subsequent article(s) by the same author may be found later in the newsletter.
Spelling may vary depending on the country of origin.
This Newsletter is designed and presented by Jean Seville Suffield,
Senior Faculty member of The William Glasser Institute.

To All Trainees

Regional Advisory Board of Directors

Listed below are the names of Regional Board Members, their addresses, and the states that fall within their region. We encourage you to be in touch with your representative to obtain information about activities in the region including meetings, newsletter publications, upcoming training, etc.

You should feel free to contact us at the Institute office at (800) 899-0688 if you have any questions or concerns.

Canada Region

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From the Desk of Linda Harshman

Changes Galore for The William Glasser Institute

There are so many exciting changes happening within The William Glasser Institute. At the forefront is the initial stage of the development of the International Board with representation worldwide. July 11, 2010 is the historic date of the formation of this board with collaborative working groups that provided Brian Lennon, as Chair, with creative ideas. Thank you! You may follow Brian's summary on page 14 of this newsletter.



Read about Canada becoming an autonomous entity as of December 2010 on page 11. The Canadians are overjoyed and are looking forward to this challenge. The US Advisory Board will then consist of eight [8] regions with a new process of electing representatives. Although each region will have an elected representative, we shall insure that the representation provide the board with specialty areas in order to form a more integral system which can better serve the regions and the WGI. The Protocol for Call for Submissions of Applications may be found on page 28.

In the months ahead and through 2011, WGI will be streamlining its procedures to become more efficient and to take more advantage of technology. Here are some of the areas that we shall be addressing:

1. Newsletter – Content & Design
2. Filemaker Web Hosting
3. Programs, Policies and Procedures Manual – Update of Changes
4. Training Forms – Easier Accessibility with Completion of Forms Online
5. Use of Technology - Further Online Training
6. Expansion of website to include marketing possibilities.

Nashville Conference – A Class Act!



It began with stellar training with Certification and Faculty programs experiencing special memorable moments. It was wonderful to have Joseph Dixon and Bill Lawrence as first-time instructors of Certification. A big welcome also went to Rhon Carleton and Jeanette McDaniel for being the two other certification facilitators.

For the Tuesday night dinner we had a special treat with Brad Smith providing background music on his guitar and leading us in a sing-along. The Glassers arrived at the hotel shortly after dinner and as the ballroom door opened and they appeared, the group gave them a standing ovation. This was a very special moment for faculty and participants, some of whom would not have had another opportunity to spend social time with the Glassers. One of Dr. Glasser's favourite Beatles song, *Let It Be*, was played and the evening ended with photos with the Glassers, and dancing.

[continued on page 28]

Sightings of Elvis at WGI Nashville Conference

Robert E. Wubbolding, Ed.D.

Congratulations and many thanks to Lucy Billings Robbins and the committee for a most memorable experience in Nashville at the International Conference July 7 – 11, 2010. It was a few days of sheer joy and renewed friendships as well as meaningful education, not to mention a surprise visit by Elvis at the banquet.



Check the last page to see who really left the building!

Songs: *That's All Right* (1954); *Heartbreak Hotel* (1955); *Hound Dog* (1956); *All Shook Up* (1957); *Hard Headed Woman* (1958); *A Fool Such as I* (1959); *It's Now or Never* (1960); *Can't Help Falling in Love* (1961); *Return to Sender* (1962); *Devil in Disguise* (1963); *Viva Las Vegas* (1964); *Crying in the Chapel* (1965); *Spinout* (1966); *Fools Fall in Love* (1967); *Guitar Man* (1968); *In the Ghetto* (1969); *The Wonder of You* (1970); *Life* (1971) & so many more.

Professional Development Committee Report

Robert E. Wubbolding, Ed.D.
Director of Training, WGI



The Professional Development Committee did not meet at this conference. Our next meeting is scheduled for November 12, 2010 in Los Angeles just before the WGI Advisory Board meets. Nevertheless, there was professional development independent of the PDC:

Glasser Scholars' Activity – Basic Instructor Program



Front Row, Left to Right: Jill Duba, Tammy Shaffer, Bob Wubbolding and Pat Robey [Instructors], [Neresa Minaterea.
Back Row, Left to Right: Jeri Crowell, Cynthia Palmer Mason, Tom Burdenski, Mark Britzman, Sylinda Gilchrist Banks [Participants not part of Scholars Program] Karen Lucas, James Mishler, Brad Smith.

Most of the Glasser Scholars initiated their first step towards becoming instructors. They will proceed to Endorsement at a future date. Their work at the training phase along with other participants was outstanding. Moreover, two scholars have already published books: *Map It: My Achievement Plan – Using Choice Theory and Reality Therapy to Enhance Student Achievement and Responsibility* by Sylinda Gilchrist Banks and *Pursuing the Good Life*, by Mark Britzman. The scholars have also published numerous articles in the *International Journal of Choice Theory and Reality Therapy* and other professional journals. They continue to research the validity of reality therapy with the aim of making it more evidence based. Mark Britzman, Willa Casstevens, Gloria Cisse, Jeri Crowell, Jill Duba, Sylinda Gilchrist-Banks, Cynthia Palmer Mason and Neresa Minatrea were presenters at this international conference. Congratulations to all Glasser scholars on your dedication and your many achievements!

[continued on page 8]

[continued from page 7]

Three-Day Intensive Training

The original plan was to present information about the effectiveness of three-day intensive trainings on the Professional Development Day. However, the insertion of the discussion of the International Board resulted in a delay in this report. The PDC will review the evaluations of the three-day trainings and present a report to the WGI American Advisory Board in November 2010.

Group Demonstration

During the conference, I conducted a demonstration of group counseling in a mental health setting and was overjoyed when one of the “clients” role-played a young man whose wealthy father had paid his way through college. The son, however, did not wish to work in his father’s large factory. He felt that the employees there were unhappy and he did not wish to share their misery. All of the clients including the rich college graduate were resistant and had been sent, even coerced, into receiving counseling at the mental health center. Ever since I joined Dr. Glasser in his work in 1972, was certified in 1975, presented hundreds of demonstrations at many different conferences and training sessions, I have never experienced a client quite like this one. The session went unusually well in that I was able, by using reality therapy, to demonstrate helping clients (a) move from a sense of external control to a sense of internal control, (b) explore their quality worlds, (c) self-evaluate and (d) initiate plans moving toward change. The audience was amazed that the counselor was able to deal effectively and was not intimidated by the client mentioned above.

Oh yes, the college graduate “client” was none other than Dr. Glasser himself! As far as I know, this is the first time he has played a client in any demonstration at our conferences. Thanks Bill, I’m sure that after our simulated session, the person you played was able to find a job that for him was a joyful experience!!! Thanks to Dr. Glasser for role-playing as a client and enhancing our role-play experience.



Notice About All of Dr. Glasser’s Books & Materials

All of Dr. Glasser’s books and materials have a new home at:

William Glasser Inc.
11444 Washington Boulevard, Suite “C”
Los Angeles, CA 90066

You can order and pay online by going to . . .

www.wglasserbooks.com or

E-mailing . . .

books@wglasser.books.com

Telephone: (310) 313-5800



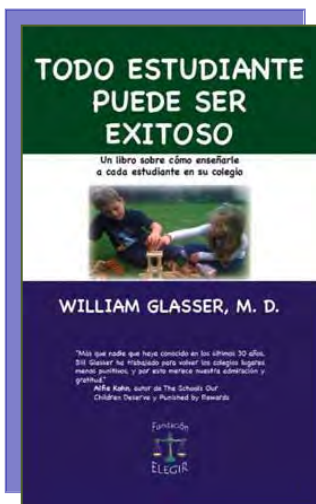
More Faculty Training – PSP Endorsement



*Front Row, Left to Right: Louise Fentoullis, Michael Fringer, Sarah Babb, Kelly Hornby
Back Row, Left to Right: Ken Larsen, Jean Seville Suffield and Bob Hoglund [Instructors], Craig Kitto, David Hunter*

Hot Off the Press in Colombia!

- *Every Student Can Succeed* now available in Spanish -



Thanks to Juan Pablo Aljure and *Fondacion Elegir*, Dr. Glasser's book *Every Student Can Succeed* is now available in Spanish. The book may be purchased by visiting the following site:

www.elegir.org.co

Congratulations and many thanks to Juan Pablo and the *Fondación Elegir* group for facilitating this translation and for a job done extraordinarily well!



Leading People to Lead Themselves



Judith Claps, CTRTC

Advisory Board Representative

Report on the Northeast Region Spring Conference

Jill and Steve Morris, trainers, consultants and co-authors of *Leadership Simple*, and Deb Turner, consultant and business coach in Choice Works Inc., presented a dynamic program: informative, interactive, and need-fulfilling. Through charts, role-plays, and humorous examples, they demonstrated how to lead rather than boss-manage employees, students, and co-workers.

They emphasized finding the “sweet spot” – the point of intersection of an individual’s quality world with that of the overall organization and the individual department. They repeatedly stressed that effective management had to be based on agreement as to what was important as a goal before deciding on what course of action was needed to get there.



One needs a destination before deciding on a route!

Jill, Steve, and Deb stressed the importance of arriving at “agreements” or plans *jointly* and then holding all parties accountable for the implementation of that agreement. What a wonderful world it would be if countries, organizations, businesses and our individual lives could be handled using these principles!



More Faculty Training – PSP Endorsement



*Front Row, Left to Right: Ronda Weaver, Nancy Herrick [Instructor], Paula Kilonzo
Back Row, Left to Right: Monica Dunkin, Nancy Dees [Instructor], Sheila Dixon, Ernie Perkins, John Mieras, Elwood Carter,
Jeanie Barent [not shown]*

Canada: More Active Player in the International Family of WGI

Ellen B. Gélinas, Senior Faculty
President, William Glasser Institute - Canada



What an exciting time for The William Glasser Institute – Canada! We have been invited to become a more active player in the international family of The William Glasser Institute. As of December 31st of this year, we will take over the responsibility for the administration of all our own programs, including Basic and Advanced Intensive Trainings, all Faculty Programs and Certification. The Canadian Executive and Board of Directors will be busy this fall putting everything in place for this major transition. We look forward to the challenges and the opportunities this new status will provide. As well, we hope that through our support and presence, WGI - Canada can contribute much to the ongoing development and evolution of the new International Board of The William Glasser Institute.

Quel temps emballant pour l'Institut William Glasser - Canada. Nous sommes invités à jouer un rôle davantage actif au sein de la grande famille internationale de l'Institut William Glasser. À compter du 31 décembre prochain, nous deviendrons responsable de gérer tous nos programmes incluant les formations intensives de base et avancées, les programmes ayant trait à la formation du corps professoral ainsi que la Certification. Durant les prochains mois, l'exécutif canadien de même que les membres du conseil d'administration seront affairés à cette transition de grande envergure. C'est avec empressement que nous anticipons les nouvelles perspectives d'avenir et les défis que nous offrira ce nouveau statut. De même, nous espérons par notre présence et notre soutien, pouvoir contribuer au développement du nouveau conseil international de l'Institut William Glasser.

Presenting the

Colombians

&

Fundación Elegir



*Front & Center: Juan Pablo Aljure, Giovanna (Ginny) González [Not shown - Purchasing Books!]
Back Row, Left to Right: Marlén González, Monica Bernal, Bob Wubbolding, Marcela Muñoz, Sonia Muñoz, Patricia Gutierrez*

Using *Cars 'R' Us* to Attract Participants to Basic Training The Limitations of Language in Counselling and Communication



Ivan Honey

Senior Faculty, Australia

It is well known that nonverbal cues are a key part of communication. Have you discovered that language is often inadequate when you seek to express your deepest feelings, longings and dreams? Counselling that requires sophisticated language and auditory memory skills, and the ability to concentrate over a significant period of time, simply does not work for a large part of the population. In particular, I think of those working cross-culturally, or whose preferred modalities are visual or kinesthetic. In addition, language is rarely able to access the deeper themes, meanings and metaphors of our lives, unless there are other cues, especially visual cues, to reflect, complement and stimulate awareness. Remember how we are so attracted to visual art forms and different landscapes when we travel. It is not surprising that Dr. Glasser speaks of these aspects of human functioning as our "Quality World" pictures. It has been said that, "One picture is worth a thousand words."

Cars 'R' Us is a visual tool that is fun, simple to use for both children and adults, and can accurately and quickly assist people to access their total behaviours and quality world pictures at a safe yet deep level. At the same time, the client is required to accept total responsibility for their choices and there is no room for blame. Its main use has been shown to be in the simple, practical and visual application of the Reality Therapy principles of W D E P. It can also be used as a visual coaching, mentoring and self-evaluation tool to maximize potential, enhance mental health and teach the basic principles of Choice Theory. I often use the cars to conduct workshops on emotional intelligence, and in debriefing, corporate work, mediation and supervision. In my many one or two-day interactive workshops on *Cars 'R' Us*, participants have learnt to role play and counsel effectively using the cards, and have developed a clear understanding of Dr. Glasser's ideas. A number of participants go on to attend formal training with WGI.

In a world where it is becoming more and more difficult to effectively engage clients, or students, many counsellors and teachers are seeking practical and dynamic tools to effect sustainable change. Participants in the *Cars* programs regularly report that they are able to effectively use this tool.

To obtain more information, please contact Ivan Honey through honeypsy@bigpond.net.au or ivanhoney@optusnet.com

What shape is your car in today?





Under the SEA: What do you NEED?


Diane Léger, M.Ed., CTRTC
Dieppe, New Brunswick, Canada


In preparation for my certification presentation, it became apparent to me to merge my two passions: marine mammal training and guidance counseling. I wanted to create a resource that anyone could use to help teach the concept of the basic needs to children in Kindergarten to Grade 4 through the medium of books.

There are generic reasons why we choose the behavior we do. It is usually to satisfy one or more of the basic needs, which are survival, love and belonging, power/achievement, freedom, and fun. Children of all ages are no exception to this rule. Due to my background in marine mammal training, I have written a series of books with an ocean theme to help outline these concepts.

Each book describes one of the basic needs and is filled with fun and exciting characters who journey through their day trying to satisfy their needs. The books describe and illustrate the characters meeting their needs in three different settings which include the home, school/work, and play. For example,

 *Sebastian Starfish*  *Has Fun* describes the different ways he meets his fun need.

 *Delphine Dolphin Finds Freedom* describes the way she meets her freedom need. *Where's Wendall?* is a fun game located on each page of the books where you need to find where Wendall the Walrus is hiding.

 *Wendall Walrus Words of Wisdom* is located at the end of each book where Wendall describes the five basic needs in the form of a poem.

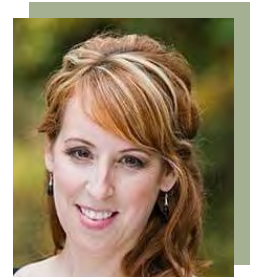
There are interactive questions and extension activities throughout the books which allow for group discussion. The extension activities allow parents, teachers, and counselors to use the books with children as a teaching tool.

My original idea was to use the books as a resource to assist me when I am working with school children. Due to the overwhelming response I received during certification and as a result of speaking with a number of professionals, I quickly realized that the books may be a valuable resource to others as well. I searched for an illustrator and was referred to a Grade 11 high school student who attends the school where I work. She quickly took the content of the books and has done a wonderful job in illustrating the message. I am grateful to have met her and I thank her for illustrating the book set.

It is with great pleasure that I share the ideas and books with others and hope that the message is well received by children so they may have a better understanding on how to satisfy their basic needs. As Dr. William Glasser states,

All our behavior is always our best choice, at the time we make the choice,
to satisfy one or more of these needs.

- William Glasser, MD. *Choice Theory: A New Psychology of Personal Freedom* [28]



I am in the process of finding a publisher and I will notify The William Glasser Institute as soon as the books are available to the general public.

THE CREATION OF AN INTERNATIONAL BOARD



Brian Lennon, Chair
International Board, WGI

A proposal to establish an International Board for The William Glasser Institute had been floated on several occasions in the past but this year, at the International Convention in Nashville, a special meeting was held about it. The proposal before the meeting was “that The William Glasser Institute will set up an International Board to act as custodian of the core ideas of Choice Theory and of official training in Choice Theory and its different applications.”

The Glassers gave their support to the proposal and, on Sunday 11th July 2010, the 75 people present at the meeting voted unanimously to form an International Board. Brian Lennon, who chaired the meeting, clarified that this approval was a vital part of a process that eventually needed to reach out to all members. In this context “international” is taken as inclusive of all nations and whereas the board will protect the core of Choice Theory on behalf of members, each country or alliance of countries will look after its own structures for implementing our mission. After the proposal was accepted, the meeting then proceeded through three more stages:

2. Identifying the tasks that the International Board could address - The tasks identified by the different break-out groups might be summarised as: Communication/sharing, Management, Representation, Faculty, Marketing/promotion, Core ideas/mission, Research, Certification and training, Internationalism, Funding and Policies.

3. Examining how members might be represented on the Board - Those present were invited to consider three questions:

What do we mean *by members*?

Structure – what kind do we want? and,

What type of person do we want to be our representative and what skills should they have?

Brian Lennon presented a statistical break-down of certified persons that could lead to a board of eight [8] persons.

4. Putting a plan in motion to move the proposal forward - The meeting accepted the idea of an interim board of one year that would help put the structures in place for a full International Board. Dr. Glasser had asked Brian Lennon to chair the board and Brian had accepted this for a two year period, as this would help the board get established and then permit the full democratic development of the new structure.

The work to put this board in place is only beginning and it will be a long process. From the meeting it was clear that the idea was in people’s quality worlds and there was no shortage of both energy and synergy. All members are invited to participate in the process of shaping this new and exciting body by watching its development closely and by contributing suggestions. The official web-sites of the Institute will provide ideas and ways of doing this.

To retrieve the minutes of the International Board Meeting Nashville July 2010.pdf, please click on the following link <http://www.wgii.ie/static/BOARD/Minutes.pdf>

Choice Theory Thrives in Female Prison

Kyri Owens, CTRTC

Does Choice theory really rehabilitate? Does it really change lives? The students at the California Institution for Women (CIW) have said, “YES!” Choice Theory was introduced to CIW in 2007 through a partnership with Loyola Marymount University. Since its inception, it has been the “Talk of the Town.” Internal motivation is what women are taught at CIW. Teaching female offenders why and how they make the choices that determine the course of their lives has been Principal Les Johnson’s mission since becoming Choice Theory/Reality Therapy Certified in February 2010. “The women enjoy this class because they are learning about themselves, which many of them have never done,” states Principal Johnson.

Dr. William Glasser recently proposed that CIW have its own program, called “The Choice Theory® Connection Program.” This program will be designed to become a nationally recognized training program for teaching Choice Theory to women in state correctional institutions. Dr. Glasser proposes special recognition for those completing the program by achieving competence in the understanding and application of Choice theory in their lives.

The program is called “Connection” because Choice theory can bridge the gap between less effective and more effective behaviors that lead to personal change and successful relationships with others. This training will be recognized as a viable rehabilitation and educational program. The Director and Senior Program Instructor will be Les Johnson with Assistant Directors, Kyri Owens, CTRTC and Fayette Baird, CTRTC.

CIW currently has sixty [60] women enrolled in our *Phase I—Introduction to Choice Theory* class held on Tuesday and Thursday evenings [3 hours]. There are an additional forty [40] women enrolled in Practicum classes held on Saturdays [6 hours]. There is a waiting list of 130 women anticipating our next introductory class. These classes are voluntary and have created enthusiasm throughout our institution.

We are looking forward to embarking on this exciting journey with *The Choice Theory® Connection Program*.



Left to Right: Kyri Owens, CTRTC, Les Johnson, CTRTC and Fayette Baird, CTRTC

Readership and Contributor Guidelines for the *International Journal of Choice Theory and Reality Therapy*

Thomas S. Parish, Editor
International Journal



Abstract:

These points, described in this brief article, were briefly covered at The William Glasser Institute's annual meeting held in Nashville, Tennessee on July 10, 2010. They are included here for the benefit of those who were unable to attend this important meeting, and/or for those who would like to have more specific directions regarding all of the points that were covered as part of this presentation.

Two-edged Focus of the *Journal*

This brief note is intended to familiarize two groups of individuals with the *International Journal of Choice Theory and Reality Therapy*. More specifically, we wish to include not only the *subscribers* to this Journal, who are either WGI members and/or those who are nonmembers, but also those who are still truly interested in the various concepts developed by Dr. William Glasser. One of the main goals is to encourage everyone to gain insightful knowledge regarding the important concepts of Choice Theory, Reality Therapy, Quality School, and Lead Management that Dr. Glasser pioneered, since the *Journal* will routinely focus on these concepts.

In addition to providing readers with timely information and important “learning opportunities” pertaining to the above-mentioned concepts, the *International Journal of Choice Theory and Reality Therapy* is also committed to providing *writers* and *researchers* with an open forum from which they can share important ideas, insights, innovations, and/or research-related results that can be readily and easily taught, hence, provide them with “teaching opportunities” that may be applied in various practical settings be they in counseling settings, classrooms, business arenas, and/or home situations. Notably, we all need to keep in mind that our ideas, innovations, and research findings are for naught unless they are shared with others. The *International Journal of Choice Theory and Reality Therapy* is directed to this end.

Not Like Other Journals

The *International Journal of Choice Theory and Reality Therapy* seeks to provide articles that fall into one or more of the following areas:

IDEAS—the articles in the *Journal* to offer new *ideas* and/or insights that the readership will find to be of interest to them and/or to those they serve.



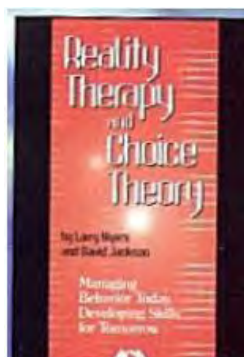
INNOVATIONS—the articles in the *Journal* to offer exciting and useful *innovations* that the readership are able to readily apply in what they do, and/or in what they would like to do.

Teaching the World Choice Theory!

[continued on page 25]

BECOMING A GLAD DAD AND A TOP POP & Other Books by David Jackson

Senior Faculty, WGI



REALITY THERAPY and CHOICE THEORY - Managing Behavior Today, Developing Skills for Tomorrow is a teaching instrument with questions at the end of each chapter, and contains over twelve scenarios of real life counseling sessions with Mr. Jackson.

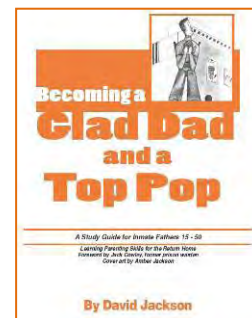
VIOLENT GIRLS WHO BULLY offers guidelines to teachers, parents, mental health, and correctional practitioners on identifying, preventing and counseling of girls demonstrating violent and/or bullying behavior. It includes a chapter especially written to girls on how to cope with life and its trials. Three girls, African American, Caucasian American, and Mexican American, are counseled in a girls' institution where they have been incarcerated for drugs and murder. These sessions demonstrate how Choice Theory can be successful with the most hardened delinquent girls.

MOLESTED CHILDREN - Protecting Our Children, Protecting the Future helps with identifying, preventing, and counseling of children who are or have been abused. The last chapter provides guidelines that have been found successful in one community in its efforts to curb child abuse.

THE PSYCHOLOGY OF HUMOR - Building Relationships and Reducing Disruptions in the Classroom explains techniques and strategies to use in helping children satisfy the fun need without disruptive behavior. There are humorous stories and jokes in the last chapter that teachers may use or all age groups.



BECOMING A GLAD DAD AND A TOP POP is a manual for inmates who are fathers or father 'wannabees,' who are working toward re-entry into the community. It may serve as a useful tool for parolees and probationers, as well. There are questions at the end of each chapter and an answer page in the back of the manual, including a Father Plan at the end of the book. *Becoming a Glad Dad and a Top Pop* is designed as a facilitators' guide for individual or group participation.



Odds & Ends

Offered by Bill Lawrence, Basic Instructor, WGI, and his Certification Group in Nashville - a group discussion site for CT/RT Quality School.

It's <http://groups.google.com/group/quality-communication>

Correction to Spring Newsletter 2009 For Focus Groups, contact Helen Bzdel at hbzdel@sasktel.net

New Practicum Supervisors as of July 6, 2010 - Congratulations to One & All!

Sarah Babb, California
Jeanie Barent, Wyoming
Elwood Carter, New Hampshire
Shelia Dixon, North Carolina
Mona Dunkin, Texas
Louise Fentoullis, Australia
Paula Kilonzo, South Dakota
Graig Kitto, Wyoming

David Hunter, Texas
Kelly Hornby, Wyoming
Michael Fringer, Michigan
Ken Larsen, Minnesota
John Mieras, Michigan
Ernie Perkins, Oklahoma
Ronda Weaver, Oklahoma



Newly CTRTC

10 in Adelaide, Australia - December, 2009
39 in Nashville, Tennessee - July 2010
6 in Singapore, - May, 2010

New Senior Faculty!

Masaki Tabata, Japan



The 2010 William Glasser International Conference Celebrating Good times

Lucy Billings Robbins, Chair
International Conference, Nashville TN
July 7-11, 2010



Two hundred [200] people from all over the world tuned into Choice Theory in Music City. What a wonderful surprise for participants to find Dr. Glasser at the registration table welcoming them - a true photo opportunity. [You can check out photos on Facebook, Choice Theory Fan Club]. Many people enjoyed a brief visit with Dr. Glasser and for one, Ken Larson, Bill signed a first edition copy of *Reality Therapy*. From being picked up by Cool Springs Limo at the airport, to Dr. Glasser at registration, to highly praised pre-conference workshops by Kim Olver and Doug Walker, registration day began the celebrating of good times.

An opening dinner with a real guitar-pull by three of Nashville's number one songwriters capped off the day and set just the right tone for the conference.



Dr. Glasser on the guitar pull:

To me [the guitar pull] was an outstanding presentation. It was outstanding - that while I was listening to it and thinking about it, this is a choice theory presentation ... Last night was different from all other nights that I've ever seen. And it was given by people who didn't use, and this is a rare thing, any external control in their presentation. It was all done because they wanted to do and they enjoyed doing it. And if we were sitting there, they would still be doing it. And the whole point is that external control destroys any relationship in the room.

Back Row with Guitar: Richard Leigh
Front Row, Left to Right: Marc Beeson, James Dean Hicks
Songwriters, recording artists: Opening night guitar pull

Each day was a symphony of learning and celebration. The morning overtures were the extraordinary plenary sessions by Bob Wubbolding on Thursday, Steve Hammond on Friday and Brian Lennon on Saturday. Please read their stories of the plenary sessions at the end of this article. Tom Parrish introduced the editorial board and lead a discussion on the *International Journal* on Saturday, which was followed by a short general business meeting.

A wealth of interesting and informative workshops with over fifty [50] selections filled the afternoons. We finished up Thursday night with milk and cookies and bedtime stories with storyteller Barbara Freeman.

[continued on page 20]

Celebrating Good times

[continued from page 19]

Lucy Robbins on Dr. Glasser and the Storyteller:

Nothing would match the delight Dr. Glasser had with the story teller. He was mesmerized by Barbara. He followed her every word and his face would light up and he would laugh out loud at the twist in the story. It did my heart good to see him enjoying it so much.



Barbara had a chance to visit with Bill before she left and, at the closing dinner, Dr. Glasser announced that he wanted to tell a story like the storyteller. He told a joke that I have heard him tell many times but this time he added names and personality to the characters just like the storyteller.

The melody that ran throughout the conference was connecting, networking and creating relationships as we reunited with old friends and made new ones. This was greatly enhanced by the Embassy Suites Cool Springs providing us breakfast and a manager's reception each day. I watched people gather, pull tables and chairs together to share these good times.

Ellen Gélinas:

The other thing that worked was the breakfasts ... I never ate with the same people so I really appreciated getting to connect with so many people.

The accessible vending and generously-timed breaks added to the theme. A special thanks goes out to the bighearted vendors who donated to our door prizes.

Celebrating good times rang though the night at the Saturday night dinner dance with the *Craig Duncan* orchestra. The celebrating began as each table cut and served the beautiful cake centerpieces. It was as if each table were having its own mini party and then the orchestra broke out with the theme song *Celebrate!* And the dance floor filled with young and old, dancing and celebrating. A true poignant moment for family and friends was watching Bill and Carleen dancing. Oh, by the way, there was a rumor that Elvis was in the house. I might have even danced with him.

A very special thanks to Sue Holzapfel and her army of volunteers and to the organizing committee: Tom Morgan, our web site design and management, Corinne Gleason and Helen Wilson/youth conference, Mary Jo Boles/vending, Ralph Childs/entertainment, Lisa Rogers and Kathy Gibbs/ program, Mike Hale/ treasurer, Maureen Schlacter and Nancy Herrick/registration.

Keynote Speakers follow . . .



Celebrating Good times - Keynote Speakers

The Fork in the Road: Flower or Wither, Thrive or Dwindle?

Robert E. Wubbolding, Ed.D., Director of Training, WGI Advisory Board



The William Glasser Institute stands at the fork in the road. In the future we could be seen as flowering or withering. We could be a headline among the professions or a footnote. The current generation of WGI members has a crucial role to play in which path we will take. In order to fulfill the Institute mission, we will need to be evidence-based and qualify under the heading "best practices." Therefore, we will need experimental studies in addition to our unlimited number of anecdotes that validate our success. Important as our individual stories are, the plural of anecdote is not data!

We will also need to be able to respond positively to current and future disagreements about choice theory and objections to the practice of reality therapy and lead management. Among the reservations are such statements as, "There is nothing unique about reality therapy," "Reality therapy! That's just Glasser. It's nothing more than his work. It's a cult." "Reality therapy is passé. Motivational interviewing and mindfulness are in style." "This Euro-American system is not applicable to other cultures," and finally, "There is no research validating the practice of reality therapy."

We need to see such objections as recognizing us, not diminishing us. All theories and practices have their critics but we have many reasons to look to the future with confidence and hope. We have the Glasser Quality School program, Loyola Marymount University, the Glasser Scholars program, the *International Journal of Reality Therapy*, [the *International Journal of Choice Theory and Reality Therapy*], and the accompanying increased interest in research as well as the recent formation of the International Board which is designed to insure the survival and growth of choice theory, reality therapy and its many applications.



A Crossroads in Education: The child must lead the way

Steve Hammond, Ed.D., Principal, Saint Patrick Catholic School

Weaving the theme of song and country music throughout the presentation, the audience walked with Steve down the "Yellow Brick Road" until we reached a crossroads. There at the crossroads hung a scarecrow who purportedly did not have a brain, but actually was filled with an intelligence beyond even his recognition. At the crossroads, the audience took a look at some of the great challenges facing children, education and schools today and wondered which road might be best to help children reach their highest destiny. [What were the challenges at the crossroads? Well, some were: the knowledge explosion, the expansion of curriculum, the pace of the global culture, consumerism, materialism, serious allergies, child abuse and children diagnosed on the autism spectrum.] In order to address these daunting challenges, the audience was invited to look seriously to *children* themselves for answers. The participants were encouraged to observe children, identifying their needs both individually and generically. Young children delight in learning and honestly seek the truth. They love nature and get lost in the wonder of natural beauty and

[continued on page 22]

A Crossroads in Education: The child must lead the way

[continued from page 21]

simple things. They believe that they are loveable, powerful and capable! We must use this information as a starting point in building school programming and assessing our current programs as to whether or not we are meeting the most fundamental needs of children. The audience was encouraged to rediscover the child within each of us and pay attention to what our own internal child wants, needs and delights in.

Steve made a strong case that the criteria for the Glasser Quality School, including understanding Choice Theory, using Reality Therapy and Lead Management is validated by much of the current research concerning schools and education. Using some of the chapters of the book, *NurtureShock* by Po Bronson and Ashley Merryman, Steve punctuated how Dr. Glasser's work answers many of the fundamental challenges addressed in the book. He underscored the necessity of using existing, good science and research to initiate conversations with the educational community *on all levels* in order to validate Dr. Glasser's contributions. Finally, Steve made a strong case that *in order to truly meet the needs of children*, schools must move beyond the singular academic-intellectual dimension of schools to authentically and intentionally address the *total formation of each and every child*. Steve gave examples of how this intentional, whole child approach was working in the school at which he currently serves as principal, Saint Patrick Catholic School in Norfolk, Virginia. Saint Patrick Catholic School became the first Catholic Glasser Quality School in the United States on May 1, 2009.

The Limits of Choice

Brian Lennon, Senior Faculty Ireland
International Board Chair



My presentation bore the title *Limits of Choice* and my aim was to examine those areas where choice was complex. This included potential *overwhelm* by a big number of choices, the essential loneliness of so many personal choices and the relationship between choice and our perceptual system. Then I looked at areas where choice seems to achieve the opposite effect to that intended (e.g., as in choosing to relax). Next came a comparison of how individuals choose and how we choose as groups, a situation that requires deliberate efforts to share our quality world pictures to some extent. Another limit was

where choice was required in a very short space of time as in dealing with anger. I outlined my technique of "The Reality Choice" for situations where all the apparent options seemed undesirable and the idea of choosing not to make the situation worse where there seemed to be no options at all.

The last part of my presentation dealt with my belief that one poorly developed cognitive ability could explain a lot of the behaviour we see in some of our more difficult young people. An inability to abstract, which I define here as the ability to stand outside of immediate experience, would lead to difficulties in developing a self-image, a conscience, sensitivity to others, a sense of time, an understanding of sequence

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The Limits of Choice

[continued from page 22]

and a sense of personal responsibility. People without this ability still choose their behaviour but it is choice limited by a cognitive blindness or, at least, short-sightedness. I believe the most likely cause of this is an experience of chaos in childhood. This same factor would give rise to academic underachievement, poor literacy, attention difficulties and other behavioural problems. A failure to recognize this developmental problem could give rise to many young people being misunderstood.

I was particularly gratified by the very supportive feedback on this last section of my presentation from some of the more experienced educators in our audience.

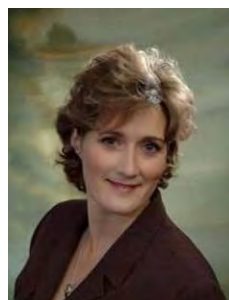
Preconference Seminars

Secrets of Successful Couples

Kim Olver, Basic Instructor, WGI

Kim Olver answered the questions: Are your significant relationships strained with the ever-increasing responsibilities of life in the 21st century? – Would you like to know the secrets of successful marriages?

Based on research and long-term successful couples and the psychology of internal motivations, common characteristics and practices were presented in this three hour seminar. Participants learned the secrets of happy, satisfied couples so that they too could begin building empowered relationships in their lives.



A-Ha! Performance: Creating a More Effective Workforce

Doug Walker, Senior Faculty, WGI



Doug Walker is the creator of the A-ha Results™ Model and Managing A Self and author of A-ha! Performance: Building a Motivated Workforce™ [Wiley, July 2007]. Doug is widely recognized as a leading expert in motivational management. This seminar provided an overview of the eight intrinsic Motivation Points [IMPS] that drive human performance. Managers who understand these have an edge over managers who don't learn how to use these techniques to create a more productive and satisfied workforce.

Thanks to Alex Gittinger, Producer of the DVD *Choice Theory in Motion*

Choice Theory in Motion is an animated look at how our brain works and how we behave, based on Dr. Glasser's *Chart Talk*. The audience was mesmerized by the showing on Thursday evening. In addition, Alexander received many suggestions on ways to improve the work that he has designed and produced during an earlier session of *Conversations with Dr. Glasser*. What a feat! Congratulations!



Presentations & Vending - The Photo Gallery



Readership and Contributor Guidelines for the *International Journal of Choice Theory and Reality Therapy*

[continued from page 16]

RESEARCH FINDINGS—the articles in the *Journal* seeks to report recent *research findings* that demonstrate how effective Glasser's concepts have been found to be in various settings and for various groups of individuals.

The Spring 2010 issue of the *Journal* showcased these three areas through the inclusions therein:

IDEAS: Articles by Burdenski, Glasser, Lennon, Parish, Perkins, and Wubbolding et al.

INNOVATIONS: Articles by Smith and Robey.

RESEARCH: Articles by Casstevens, Misztal and Bilodeau.

The *Journal* will continue to follow this format for articles in the foreseeable future, since these types of articles seem to be of great heuristic value (i.e., hold high interest) for the *Journal's* readership.

The Editor and the Editorial Board

The Editor and the Editorial Board wish to facilitate this effort to provide articles with strong heuristic value for the readership of the *Journal*. Therefore, our goal will be to “be the wind beneath your wings,” by doing all in our power to assist you in your writing and/or research endeavors as each of you seeks to create articles that are timely, well written, and possess strong heuristic value. At the recent WGI annual meeting in Nashville, Tennessee, I alluded to the would-be authors in the audience as being on one side of a seesaw, and the editor and editorial board on the other side of the seesaw. I further suggested that, as these two groups work together to produce the best that they can, the readership will benefit greatly too. The *Journal* is firmly committed to this ultimate end.

Your Editorial Board Members

Thomas S. Parish, Ph.D., Editor

Thomas Burdenski, Ph.D.

Emerson Capps, Ed.D.

Janet Morgan, Ed.D.

Joycelyn G. Parish, Ph.D.

Jean Seville Suffield, M.A.

Robert Wubbolding, Ed.D.



Subscriptions to the *Journal*

Notably, the *International Journal of Choice Theory and Reality Therapy* is currently available only online, but there are various ways to access it. For instance, as a member of the WGI, the *Journal* is posted on The William Glasser Institute website, and it's FREE to any/every dues-paying member. For non-members, they can achieve access to the *Journal*, too, but they will need to contact me (i.e., Tom Parish) at (785) 862-1379, or at parishts@gmail.com in order to ascertain how to do so.

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Readership and Contributor Guidelines for the *International Journal of Choice Theory and Reality Therapy*

[continued from page 25]

Message to Contributors of the *Journal*



Submissions procedures are really quite simple, though not totally in accordance with the publication manual of the American Psychological Association. Basically, contributors should use any of the articles from the Spring 2010 issue of the *Journal* as a template for their own writing endeavors. In addition, they should be sure to comply with the following procedures:

1. Submit documents as MS Word documents.
2. Keep text formatting as basic as possible.
3. Avoid using tabs. Paragraphs are generally indicated by a blank line preceding the text.
4. Please use Verdana 10 point type.
5. Limit use of paginated lists unless absolutely necessary.
6. Limit use of tables/figures unless absolutely necessary.
7. Understand that “word wrapping” will occur for users with different size screens.
8. Use underlining on the web for hyperlinks, and avoid using it otherwise.
9. Use bold in regular text for emphasis.
10. Left-justify unless absolutely necessary to do otherwise.
11. Assume pictures will appear left-justified below your text.
12. Use the default line and paragraph spacing.
13. All capital letters on the internet indicate that you’re shouting. Kindly reserve “all caps” to appear in Titles at the top of each article.
14. Be sure to include a “Brief Bio” at the end of your submission.

These are the “Fourteen Suggestions,” and are not to be confused with the “Ten Commandments.” In other words, exceptions may be made to these suggestions, but in an attempt to maintain some semblance of “order and organization,” all are encouraged to following these procedures, if at all possible.

Evaluation Criteria for the *Journal*

Regarding “Evaluation Criteria,” all submissions to the *International Journal of Choice Theory and Reality Therapy* should . . .

1. Be clearly and concisely written.
2. Provide Choice Theory/Reality Therapy insights.
3. Provide heuristic value.
4. Be broadly applicable.
5. Be recommended for publication by two or more members of the Editorial Board.

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Readership and Contributor Guidelines for the *International Journal of Choice Theory and Reality Therapy*

[continued from page 26]

Evaluation Criteria for All Research-Based Submissions to the *Journal*

1. Study should be deemed to be “internally valid” (i.e., possess solid control of important variables).
2. Study should be deemed to be “externally valid” (i.e., be broadly generalizable).
3. Instrumentation within the study should be “reliable,” i.e., consistent.
4. Instrumentation within the study should be “valid,” i.e., test what it says it’s testing.
5. Hypotheses/questions should be directly/completely answered.

Having read over these guidelines for contributors, and having studied the criteria for evaluations of submissions, there are only a few key things that are left to do, i.e., each potential contributor needs to abide by the following three directives, which are as follows:

You/We need to “Write IT!”

You/We need to “Write IT Right!”

You/We need to “Write IT Right NOW!”

And then send me your manuscript, without procrastination or hesitation, to the following e-mail address:

parishts@gmail.com

By the way, please be sure to indicate the type of manuscript that you deem your submission to be, i.e., “an **IDEA** paper,” “an **INNOVATION** paper,” or “a **RESEARCH-BASED REPORT**.”

A Final Suggestion

As a final suggestion, I would repeat what someone once told to me many years ago when I was a child. He simply said that . . .

We need to keep things simple,
make them fun, and
before we know it,
our job is done!"

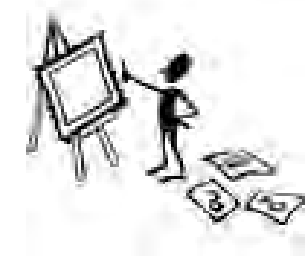
So it is for ‘writing for publication, too,’ as least, it seems so as a general rule.



Read All About It! Read All About It! Read All About It! Read All About It!

To receive back issues of the *International Journal of Reality Therapy*, please contact

Bob Wubbolding at wubsrt@fuse.net



From the Desk of Linda Harshman

[continued from page 5]

Call for Submissions of Applications

for

Regional Representation on the US Advisory Board of Directors
[This has already been distributed to all dues-paying members of
The William Glasser Institute]



It is now well known that The Legal Board of The William Glasser Institute has established a new procedure for choosing representatives for the Advisory Board of Directors. This board is separate from the International Board of Directors which is currently forming and which will have its own representation from countries around the world. The Advisory Board will be made up of representatives from each region except Canada, which will be assuming the administration of all of the trainings in Canada as is the case in other countries.

These are times of exciting change in The Institute and our office will streamline many of the tasks we currently administer. We anticipate that as a result of this and the responsibilities that the International Board may have, this could change the future purpose of the Advisory Board. Consequently the term for the new representatives will begin **January 1, 2011** and be subject to review in **December, 2011**.

The position on the Advisory Board is voluntary. We will have at least one face-to-face meeting for which the representative's expenses will be covered.

The process for Advisory Board candidates is as follows:

1. This email is being sent to all CTRTC 2010 dues-paying members in each region. We ask for responses from individuals who believe they can meet most of the following criteria:
 - Have time to commit to administration of the region and attend at least one Advisory Board Meeting a year;
 - Are technologically skilled such as being comfortable with emails, creating documents, maintaining the regional website, utilizing Skype, webcam;
 - Have demonstrated leadership in the region such as attending regional meetings, International Conferences, giving presentations in the community, reaching out to members in the region, writing articles, submitting information to the Institute Newsletter or Journal. Other leadership experiences that complement Institute involvement should be indicated in the letter of application.

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From the Desk of Linda Harshman

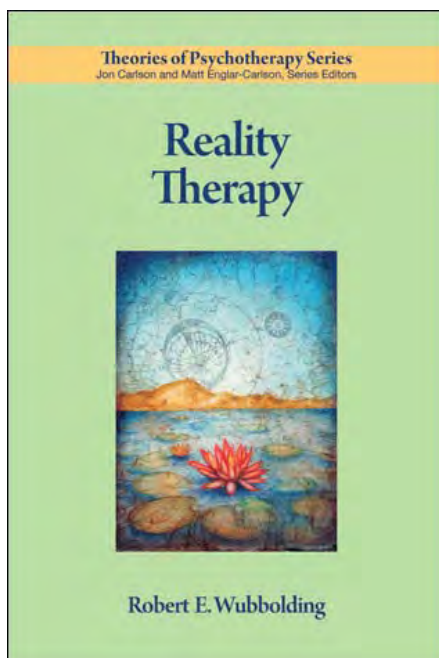
[continued from page 28]

- Demonstrated skills in resolving professional disagreements in an equitable manner;
 - Able to focus on the mission of The William Glasser Institute to teach Choice Theory to the world and attend to the responsibilities and welfare of the region;
2. If you wish to apply for the position of regional rep for your region, please prepare a one-to-two page letter outlining how you believe you meet the suggested criteria. Send **one** copy to your current regional rep and the **other** to The Institute office in Chatsworth.
 3. The sitting regional rep will review your submission and send his/her comments to The Institute office no later than **September 15, 2010**.
 4. The Legal Board will review all submissions from the standpoint of potential contributions to the Advisory Board as a system i.e. representing skills such as technology, marketing, counseling, education, and research. The individual applying need not have all of these skills.



Thus the Legal Board hopes to ensure that the advice presented by The Advisory Board represents viewpoints based upon a wide range of disciplines and experiences.

HOT OFF THE PRESS - HOT OFF THE PRESS



The American Psychological Association has just released its first publication on reality therapy. The title is *Theories of Psychotherapy Series: Reality Therapy* by Robert E. Wubbolding, WGI Director of Training. It emphasizes the integration of theory and practice and is endorsed by Dr. & Mrs. Glasser. On the cover of the book they describe it as,

A resource that we hope will be the gold standard for people wishing to learn and teach choice theory and reality therapy. We enthusiastically endorse his work.

For more information contact Bob at wubsrt@fuse.net

Celebrating Good Times



Nashville Photo Gallery

New Publication! Launched July 7, 2010 in Nashville

If you are looking for the BEST activities to enhance performance, increase attendance, encourage joy in the workplace and promote leadership, then this book is definitely for you! Check out www.choicemakersonline.com

20/20 + Leadership

Alternate models for enhancing self-evaluation and assessment!



Jean Seville Suffield

Jean has produced an excellent resource on how to teach Choice Theory® through activities that engage people in the ideas that we teach.

— William Glasser, M.D.
The William Glasser Institute

An essential resource and a great companion to *10 Steps to Dynamic Leadership!*

— John Kehoe, President
KBM Office Equipment

[Elvis bought one million copies!]

When in doubt,  it Out!
WGI Schedule of Events

<u>Date</u>	<u>Event</u>	<u>Location</u>
August 13 – 18, 2010	Certification Week	Toronto [Richmond Hill] Canada
November 12 -13, 2010	Advisory Board Meeting	Los Angeles, CA

Check the listings for open and closed Basic and Advanced Intensive Trainings through www.wglasser.com by clicking on Upcoming Events that lists dates and contact information!

Important Information! Options for Conferences in 2011

Although there is no international conference scheduled through The William Glasser Institute for 2011, we are offering you possibilities for regional conferences in the Midwest Region, USA and conferences outside the United States such as the one in Alice Springs, Australia, outlined below. If any other country is planning a conference outside the USA, please inform Linda Harshman as soon as possible so she may convey this information on the website.

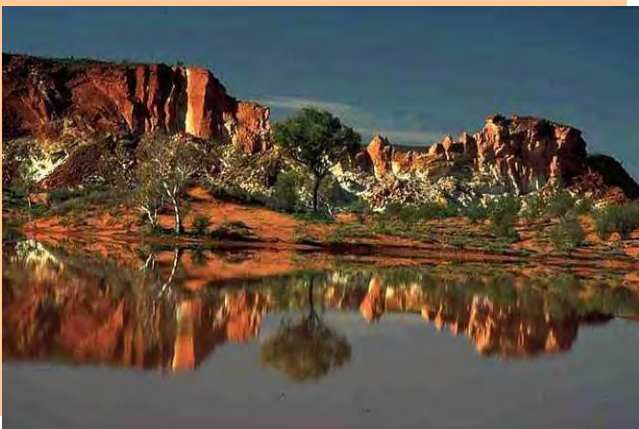
Conference Option 1 – Midwest Region USA [Fall 2010]

Fall Conference: October 8 – 9, 2010 Traverse City, Michigan – Grand Traverse Academy
Contact Judy Comstock at (218) 751-6317 home or judycomstock@midco.net

Conference Option 2 – Midwest Region USA [Summer 2011]

Schaumburg, Illinois
July 7 – 9, 2011
Contact Judy Comstock at (218) 751-6317 home or judycomstock@midco.net

Conference Option – Alice Springs, Australia



Rainbow Valley, South of Alice Springs [Australia]

Centered in Choice

A conference like no other
30th September – 2nd October 2011

Take the opportunity to attend the 2011 WGIA Conference and holiday in our ancient lands. Alice Springs, in the center of Australia, is surrounded by beautiful country and the MacDonnell Ranges and accessible to all major cities by air. Join us at Yirara a residential college for indigenous students as we explore Choice Theory research, impacts in education, mental health and business.

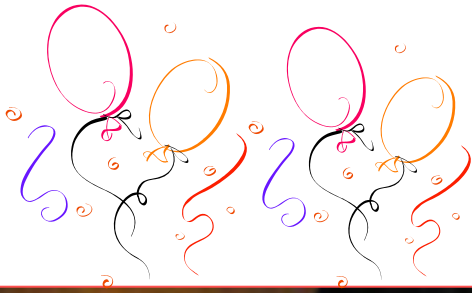
Conference details contacts:

Ph. (07) 3202 2167 Fax: (07) 3202 2822 Email: wgia@wgia.org.au

Celebrating Good Times Photo Gallery



Pièce de résistance or the icing on the



Bill & Carleen Glasser

celebrating . . .

15th Wedding Anniversary

Bill's 85th Birthday

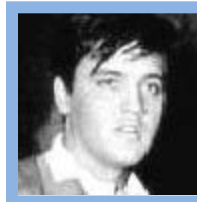
45th Anniversary of the publication of *Reality Therapy*





[Fortunate Beverly LaFond and Rose-Inza Kim with WHO???)

Elvis is IN the building!



Elvis WAS in the building!

The True Story!

Elvis left the building in



his pink Cadillac!

Bob Wubbolding left the building in his "Wrecked-'specially-for-You" rental!



Sandie Wubbolding wisely left the building in the pink Cadillac! Yes, with the real Elvis!

To Lucy Robbins and the 2010 Organizing Committee

Thank you Momma!